

KA'DA SPA ORGANIC DAY SPA



Let someone in your life know how special they are to you! Indulging them in one of our pamper packages is a gift they will remember long after the treatment.

MASSAGE THERAPY

Relaxing Back, Neck & Shoulder Massage	60 minutes \$120
Swedish Relaxation Massage	60 minutes \$120
Soothing Muscle Massage	60 minutes \$120
Hot Stone Massage	80 minutes \$140

SPA PACKAGES

Basic Spa Package \$180

- 1 x 60 min massage (Swedish or Soothing Muscle)
- 1 x hot water bath in our outdoor river stone bath.

Indulgent Package \$200

- 1 x 60 min massage (Swedish or Soothing Muscle)
- 1 x Magnesium and Aromatherapy bath in our outdoor river stone bath

Deluxe Indulgent Spa Package \$340

- 1 x 60 min Aromatherapy massage using a blend of 100% pure organic essential oils, (Swedish or Soothing Muscle)
- 1 x Magnesium and Aromatherapy Bath in our outdoor river stone bath
- 1 x 60 min Blissful Facial.

PLEASE NOTE: These packages are for one person. Additional persons can be catered for, prices on application. At Kada Day Spa there are no time limits to your stay as we want you to feel relaxed and at peace, although please note that if there are more than one booking then we do have to limit your stay to 1 hour for bathing treatments. The large riverstone rock bath is located in our secluded lush garden and is booked out exclusively for your private use.

All our facials use only 100% natural organic ingredients and our massage oils are all natural 100% organic blend carrier oils and our essential oils are 100% organic and sourced worldwide

FACIAL TREATMENTS

We offer superb facial and body treatments for all types of skin. Using all natural organic ingredients, dermatologically tested, nickel tested, paraben, alcohol and paraffin free products. These products are suitable for all skin types, from sensitive to dry, and for aging skin. Basic products are used and other ingredients are incorporated depending on your skin type.

All our facial treatments include exfoliation, toners, serums and protective creams, and facial massage

Our therapists are professionally trained and will assess your skin condition before ascertaining what products and techniques to use in your facial. If you have any concerns about your skin, let the therapist know when you make your booking with us.



Blissful Facial 60 minutes \$130

Relax whilst our therapist goes to work cleansing, exfoliating and nourishing the skin whilst gently massaging the face, neck, décolletage, shoulders and head. Our highly nourishing Kada Organics products gently cleanse, a nurturing face mask is applied and warm facial compresses are placed to soften and hydrate the skin. Your treatment is complete after a wonderful facial and décolletage and head massage. Your skin is revitalised and renewed, restoring elasticity and radiance. All products are rich with Aloe Vera Grapefruit seed, Rosemary Leaf, Vitamin E, Glycerin and Wheatgerm Natural Botanicals oils Cocoa and Shea Butters that are tailored to your skin's needs and have been designed to absorb deep into the skin and deliver essential nutrients and natural antioxidants directly where the metabolic activity takes place



Blissful Facial and Body Treatment 80 minutes \$160

Relax whilst the therapist goes to work on the whole body and mind. This is a *heavenly* full body massage treatment using highly nourishing products that are laced with essential oils to relax and uplift; with the addition of our divine Blissful Facial (as above) using superb Kada Organics natural products on your face and décolletage, nourishing and hydrating the skin and making you feel wonderfully relaxed and renewed, inside and out. Bliss!



Blissful Body Scrub and Massage 90 minute \$165

Relax in our warm and inviting environment whilst your therapist goes to work, gently exfoliating your body removing all the dead layer of skin cells on your skin surface revealing younger cells beneath with our Kada Organics signature Blissful Body Scrub.

The therapist will alternate exfoliating with hot towels to clean and sooth the skin, refreshing your body and mind with the blissful blend of essential oils.

After the body scrub our experienced therapists will begin your massage working on your whole being, mind and body a truly relaxing deep massage using our organic carrier oil and a blend of 100% organic essential oils to suit client's needs. Blissful Body Scrubs are made fresh on the premises from Magnesium Salts or Fine Oatmeal we add 100% certified organic essential oils sourced worldwide to enhance the Organic holistic approach. Our exfoliants suit all skin types and our Aromatherapy massage oil is infused with a blend of 100% certified organic essential oils

Hot River Stone Baths

All our Kada Day Spa signature baths are prior booked and are exclusively for your private use in our Day Spa Garden. The bathing treatments are specially prepared for you with towels, robes, slippers, candles(evening), petals and herbal teas are served. The Day Spa Garden environment promotes peace and tranquility, sit amongst tropical foliage and relax



Magnesium Bath Soak

Magnesium sulphate/chloride - Epsom Salt is easily absorbed through the skin in a bath as it draws toxins from the body, relaxes the muscles and reduces inflammation and swelling to relieve pain and muscle cramps. It calms the nervous system, is a natural emollient, exfoliator, and much more.

Excess adrenaline and stress are believed to drain magnesium, a natural stress reliever, from the body. Magnesium is necessary for the body to bind adequate amounts of serotonin, a mood elevating chemical within the brain that creates a feeling of well-being and relaxation.



Aromatherapy Bath Soak

Relax in our signature aromatherapy baths where you will be surrounded by the beautiful scent of these essential oils. There is a deep connection between our sense of smell and our emotions. Aromas have a way of transporting us to another place and connecting us to long forgotten memories and feelings. Aroma therapeutic scents in particular are able to provide very positive and beneficial effects to our state of mind by relieving stress and supporting our emotional wellbeing

We use 100% Pure Essential Oils in our blended range

RELAX ME BLEND consists of – Mandarin, Cedarwood Atlas, Lemon, Lavender Maillette, Lavandin Grosso, Bergamot Bergaptene – free* Chamomile Roman.

SLEEP EASY BLEND consists of – Orange Sweet, Lavender Maillette, Petitgrain, Chamomile Roman* Sandalwood*

PRICE LIST per person

Hot Bath Therapy \$70

Couples Hot Bath Therapy \$110

Aromatherapy/Magnesium Salt Bath Therapy \$90

Couples Aroma/Magnesium Salt Bath Therapy

